

8-08-2022

Indoor Stadium at Sahakar nagar

Earth work excavation for stone ware pipe - &

R.C.C pipes

Am B

Spur

9-08-2022

Indoor Stadium at Sahakar nagar

Earth work for monholes & completed 74 excavation

Am B

Spur

10-08-2022

Indoor Stadium at Sahakar nagar

laying & Jointing of stone ware pipe

Am B

Spur

11-08-2022

Indoor Stadium at Sahakar nagar

laying & John of R.C.C pipes

Am B

Spur
AE

12-08-2022

Indoor Stadium at Sahakar nagar

Construction of 3 Manholes of 2m depth
is completed

Man.R

Refer to

13-08-2022

Indoor Stadium at Sahakar nagar

Construction of 3 manholes of 4m depth size
is completed

Man.R

Refer to

17-08-2022

Indoor Stadium at Sahakar nagar

drilling of borewell work is completed

Man.R

Refer to

18-08-2022

Indoor Stadium at Sahakar nagar

Supplying of submersible pump, & Electrode
conducts fixing for borewell

Man.R

Refer to
ME

19-08-2022

Sahakar nagar Indoor Stadium

Fixing of water tank stand & Tuss work

Amr. R. ^{Spn in}

20-08-2022

Sahakar nagar Indoor Stadium

Fixing of stand for panel board &
fixing of transformer gate grill & fixing of
a canopy

Amr. B. ^{Spn in}

22-08-2022

Sahakar nagar Indoor Stadium

Paint work for canopy, & pillars

Amr. A

23-08-2022

Sahakar nagar Indoor Stadium

Fixing of self supported sheet covering work

Amr. B

^{Spn in}
AE

24-08-2022

Indoor Stadium Sahakar nagar

Fixing of net poles

Done *gsm*

27-08-2022

Indoor Stadium Sahakar nagar

Fixing of mirrors to walls

Done *gsm*

01-09-2022

Indoor Stadium Sahakar nagar.

- ① Installation of tread mills
- ② Installation of Elliptical cycle.
- ③ Installation of Bikes of B.H. H775.
- ④ Installation of B.H. H 775 upright Bikes
- ⑤ Installation of Lexco Seated chest press
- ⑥ Installation of leg curl / Extension of
- ⑦ Installation of Horizontal leg press.
- ⑧ Installation of Assisted curl / Dip
- ⑨ Installation of pectoral
- ⑩ Installation of Lat pull

① Installation of Arm curl

Drunk Gym

2-09-2023

Saket nagar Indoor Stadium

- ① Installation of Cable Cross.
- ② Installation of Functional Trainer.
- ③ Installation of Smith Machine.
- ④ Installation of Super Olympic Bench
- ⑤ Installation of Super Flat Bench.
- ⑥ Installation of Squat Rack.
- ⑦ Installation of Shoulder chair
- ⑧ Installation of Hyper Extension
- ⑨ Installation of Neutral chair.
- ⑩ Installation of Declined / Flat Bench
- ⑪ Installation of Flat Bench.
- ⑫ Installation of Free weights of OB84 of 7ft
- ⑬ Installation of Free weights of OB60 - 5 feet
- ⑭ Installation of Free weights of OB36 of 3ft
- ⑮ Installation of Free weights of OB48 of 2
- ⑯ of Olympic B2 Curl Bar 4ft
- ⑰ Installation of Free weights of Trap Bar
- ⑱ of Olympic Trap Bar.

3-09-2022

Indoor Stadium . Sahakar nagar.

- ① Installation of TRX
- ② Installation of Abdominal .
- ③ Installation of Lexco . Seated Shoulder Press.

Am. E

Spine by
AE